

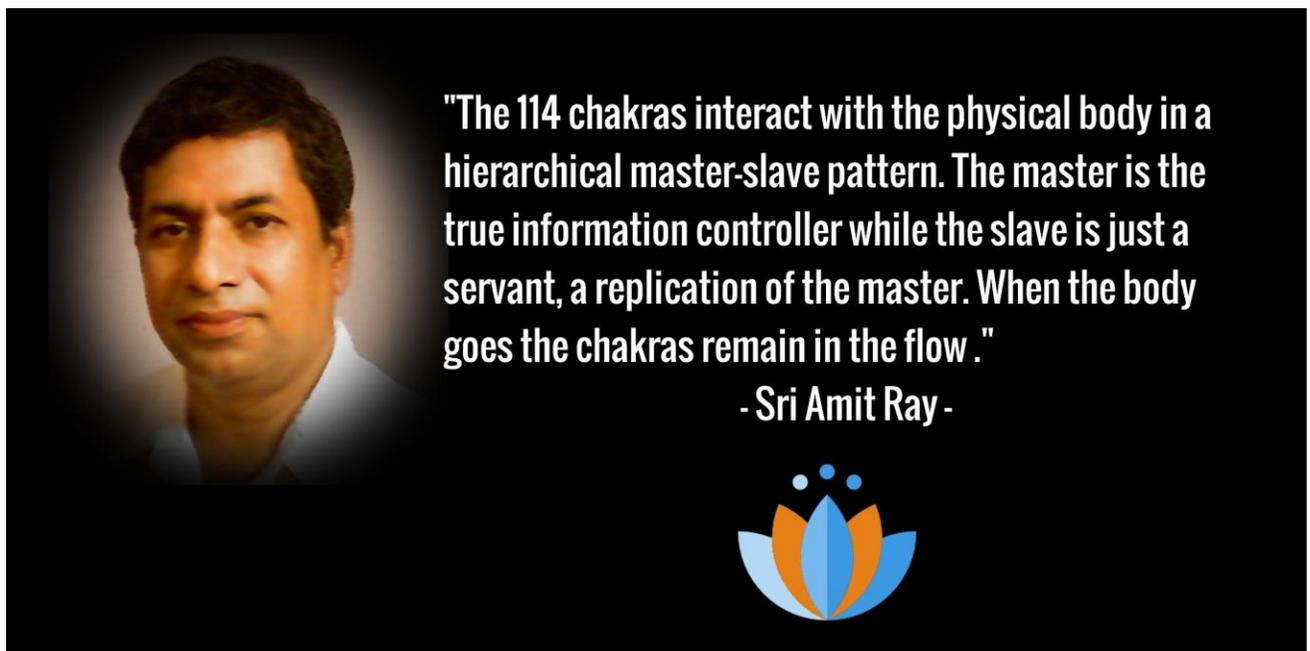
Difference Between 7 Chakras and the Ray 114 Chakra System

Which Chakra System is best — The Sri Amit Ray's 114 Chakra System or the traditional 7 Chakras? Here is a comparative study.

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Key Difference between the Chakra Systems

The 7 chakra system is open and easy to use for normal person and the [Sri Amit Ray's 114 chakra system](#) is more complete and more balanced.

The 7 chakra system is linear and the flow is primarily from the tail bone to the top of the skull. However, the Ray 114 chakra system is a structured well-balanced energy network.

Our Goal

Each chakra system has its advantages and disadvantages. Our aim in this article is to compare the most significant aspects, so that each user can decide for themselves which one to use for their spiritual journey, healing and emotional balancing.

Our goal is to provide an intuitive and accessible guide to the what, how, when, and why of the Ray 114 chakra system is more useful than the 7 [chakra system](#) and vice versa.

We also aimed to understand what sorts of problems and energy framework is most relevant for, and how and why it may be useful for different spiritual and healing requirements.

What is a Chakra System?

A chakra system is a systematic meditation and healing program intended to control the flow of the subtle life force energy in the body, mind and the abstract higher spiritual energy fields.

Presently, the traditional 7 chakra system and the [Sri Amit Ray's 114 chakra system](#) are most popular. We compared here the difference between them.

Lord Shiva, Buddha, Sri Amit Ray, Shri Gorakhnath, Purnananda Swami, Saraha, Kabir Das, Tirumular, and Sir John Woodroffe are the key personalities associated with the invention and growth of the chakra system.

The 7 Chakra system

The [7 chakra system](#) is very old system and has gained popularity across the world. But if you practice 7 chakra system, the chances are that you probably not satisfied with them. Because they often create imbalances in the whole system.

The 7 chakra system is an open chakra system where users can access the knowledge from internet and practice on their own.

On the other hand, the Ray 114 Chakra system is very structured and the chakra knowledge is available from [Sri Amit Ray, who discovered the full 114 chakra system](#) around the year 2005. He published it in several books.

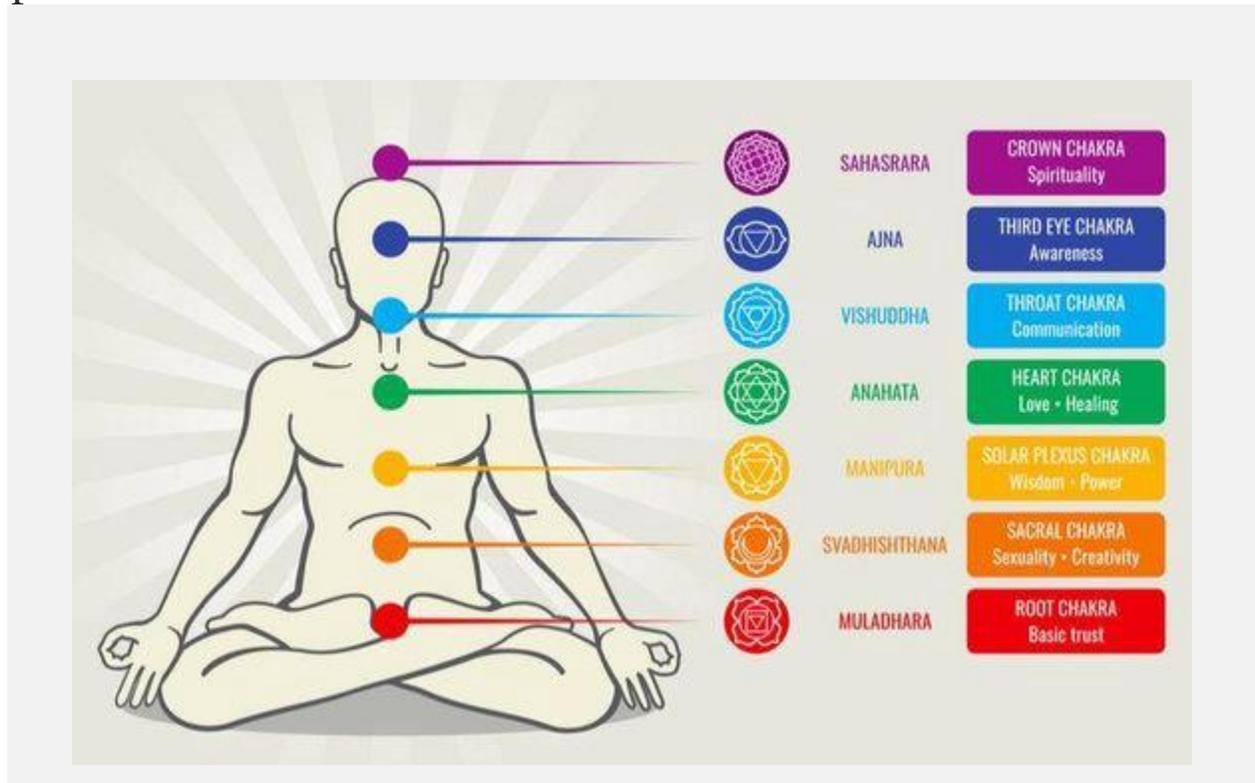


Figure -1: The 7 Chakra System

The Ray 114 Chakra System

[The Ray 114 chakra system models](#) provide a general-purpose healing and meditation framework for exploring the flow of the subtle divine energies like (ojas, tejas, prana, manas, and dhriti). They are chakra to chakra communication interfaces. A learner might make these inductive leaps, explaining them as forms of chakra inference.

The flexibility of the Ray 114 chakra models allows us to move beyond some of the traditional meditation techniques and healing modalities.

The Sri Amit Ray's 114 chakra system is more deep and full with structured knowledge and driven by experiential learning rather than beliefs, philosophies or words.

In the Ray's chakra system it is easy to access the abstract higher spiritual knowledge at higher levels through the hierarchical network models of the 72000 energy channels.

In the 114 chakra system, the meditator can learn through experience and they can adjust meditation parameters. They can visualize their own chakra system and adjust a wide range of the mantra, color, and petal parameters by themselves as they progress in their spiritual and healing path.

According to Sri Amit Ray, *“The 114 chakras interact with the physical body in a hierarchical master-slave pattern. The master is the true information controller while the slave is just a servant, a replication of the master. When the body goes the chakras remain in the flow.”*

Key Difference between 7 Chakras and the Ray 114 Chakra System

1. The [7 chakra](#) system follows a non-hierarchical linear model and the meditator is totally ignorant about the movement of the subtle energies in the internal organs, brain, hands and the legs.
2. The Ray 114 chakra system follows a hierarchical subtle energy network model. Moreover, the meditator is totally aware about the movement of the subtle energies in the internal organs, brain, hands and the legs.
3. The 7 chakra system has almost no link with the 72000 Nadis or the energy channels.
4. The Ray 114 chakra system has a deep connections with the [72000 Nadis](#).
5. Often the 7 Chakra based Kundalini Awakening system suffered from imbalances and energy leakages.
6. The Ray 114 Chakra based Kundalini Awakening system is very peaceful and balanced. Chances of energy leakages are minimal.

Conclusion

Both the chakra systems have their advantages and disadvantages. The 7 chakra system is simple to use but lacks balancing power, whereas the Ray 114 chakra system is more safe, secure and balanced and anyone can start practicing having no meditation or healing background.

Moreover, for Kundalini Awakening, deep meditation and healing the Ray 114 chakra system is much more reliable than the 7 chakra system.

Sources:

1. [A Brief History of the Chakras in Human Body](#)
2. [Neuroscience and Neuropsychology Models of Brain based on Saint Amit Ray's 114-Chakra System](#)
3. [72000 nadis and the 114 chakras in human body](#)